



Here We Grow Pediatrics

Pediatric Medication Guide

Dosing charts for common medications



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01

Acetaminophen (Tylenol)

dose lasts 4-6 hours

Weight & Age (do not give under 2 months)	Infants Tylenol Oral Suspension (Acetaminophen 160mg in 5mL)	Children's Tylenol Oral Suspension (Acetaminophen 160mg in 5mL)	Children's Tylenol Meltaway Chewable Tablets (80mg per tab)
6-11 lbs / 2-3 mo	1.25mL	--	--
12-17 lbs / 4-11 mo	2.5mL	--	--
18-23 lbs / 12-23 mo	3.75mL	--	--
24-35 lbs / 2-3 yrs	5mL	5mL (1tsp)	--
36-47 lbs / 4-5 yrs	--	7.5mL (1.5tsp)	--
48-59 lbs / 6-8 yrs	--	10ml (2tsp)	2 tablets
60-71 lbs / 9-10 yrs	--	12.5mL (2.5tsp)	2.5 tablets
72-95lbs / 11 yrs	--	15mL (3tsp)	3 tablets

02

Ibuprofen (Motrin, Advil)

dose lasts 6-8 hours

Weight & Age (do not give under 6 months)	Concentrated Oral Infants' Drops (50mg in 1.25mL)	Children's Oral Suspension (100mg in 5mL)	Children's Chewable Tablets (80mg per tab)
6-11 lbs / 0-6 mo	--	--	--
12-17 lbs / 6-11 mo	1.25ml	2.5mL	--
18-23 lbs / 12-23 mo	1.875 ml	3.75mL	--
24-35 lbs / 2-3 yrs	--	5 mL (1tsp)	2 tablets
36-47 lbs / 4-5 yrs	--	7.5ml (1.5tsp)	3 tablets
48-59 lbs / 6-8 yrs	--	10ml (2tsp)	4 tablets
60-71 lbs / 9-10 yrs	--	12.5ml (2.5tsp)	5 tablets
72-95lbs / 11 yrs	--	15ml (3tsp)	6 tablets



Children's Zyrtec / Claritin

(Cetirizine / Loratadine)

Age

6 months - 2 years

2-5 years

>6 years

Suspension

2.5 mL Once Daily

5 mL Once Daily

10 mL Once Daily

 Medication Safety: Do's & Don'ts for Giving Medicine at Home

Do's	Don'ts
<ul style="list-style-type: none"> • ✓ Use the correct dosing device Always use the syringe or cup that comes with the medication – kitchen spoons are not accurate. 	<ul style="list-style-type: none"> • ✗ Don't use household spoons They can lead to under- or overdosing.
<ul style="list-style-type: none"> • ✓ Keep a dosing schedule Write down times and amounts to avoid giving too much or too soon. 	<ul style="list-style-type: none"> • ✗ Don't double up doses If you miss a dose, ask before giving more.
<ul style="list-style-type: none"> • ✓ Ask if you're unsure Call Here We Grow Pediatrics if you have questions about dosing or timing. 	<ul style="list-style-type: none"> • ✗ Don't mix medications without guidance Some medicines can interact or contain similar ingredients.

 Call for help right away if:

- Your child gets the wrong dose
 - You suspect an overdose
- Your child has trouble breathing, swelling, or severe reaction

 Poison Control (1-800-222-1222)