



# HERE WE GROW PEDIATRICS

## SMS Terms and Conditions

### 1. SMS Consent Communication:

Information (Phone Numbers) obtained as part of the SMS consent process **will not be shared with third parties for marketing purposes.**

### 2. Types of SMS Communications:

If consent has been given to receive text messages from Here We Grow Pediatrics, messages may be received related to the following:

- account notifications
- customer care
- public service announcements

*Example: "Hello, this is a friendly reminder for your upcoming appointment with Here We Grow Pediatrics. Located at 7810 Louis Pasteur Dr, Ste 200, on 10/10/2010 at 12:00pm. You can reply STOP to opt out of SMS messaging from Here We Grow Pediatrics at any time."*

### 3. Message Frequency:

Message frequency may vary depending on the type of communication. For example, you may receive up to 5 SMS messages per week related to your appointments or account status.

### 4. Potential Fees for SMS Messaging:

Please note that standard message and data rates may apply depending on your carrier's pricing plan. These fees may vary if the message is sent domestically or internationally.

### 5. Opt-In Method:

**Opt-in** to receive SMS messages from Here We Grow Pediatrics can be done in the following ways:

- Completing our Mobile SMS/Text Message Consent Form
- **Additional Options:** If you do not wish to receive SMS messages, you can choose not to check the SMS consent box on our forms.

### 6. Opt-Out Method:

**Opting out** of receiving SMS messages can be done at any time by replying "STOP" to any SMS message received. Alternatively, direct contact can be made to request removal from the messaging list by calling our office at 210-465-1800.

### 7. Help:

For any issues, reply with the word **HELP**. Alternatively, help can be obtained directly from us at 210-465-1800.

### 8. Standard Messaging Disclosures:

- Message and data rates may apply.
- You can opt out at any time by texting "STOP"
- For assistance, text "HELP" or visit our [Privacy Policy] and [Terms and Conditions] pages.
- Message frequency may vary